

We ask that you please turn your cell phones all the way off, because even when they are on vibrate, they can be distracting while we are meditating.

WE BEGIN OUR FULL MOON MEDITATION THIS EVENING, WITH AN INVOCATION.

Great Father Mother God and Goddess - Be with us here now
Hold this space sacred, from which we may do our work
Open our hearts to your Golden Light, that we may radiate Love into the hearts of all
Open our minds to your Divine Knowing, that we may radiate Understanding into the minds of all
Open our spirits to your Infinite Presence, that we may radiate Awareness into the spirits of all
One Heart, One Mind, One Spirit - Unlimited and Indivisible
Be still and know - I Am - God

ACKNOWLEDGING THAT SPIRIT IS ONE, AND THE PATHS TO GOD ARE MANY. IN OUR OPENING RITUAL, WE WILL HONOR THE WORLD'S RELIGIONS, AND THE MANY NAMES OF GOD, WITH A QUOTE FROM EACH RELIGION ON THE TOPIC OF LOVE.

A BELL WILL BE RUNG AND A CANDLE LIT, AS THE NAME OF DIVINITY IS SOUNDED FOR EACH OF THE MAJOR RELIGIONS OF THE WORLD, AFTER WHICH WE WILL SOUND THE OM.

OM IS AN ANCIENT SACRED TONE, A DEEPENING. SOUNDING THE OM ALLOWS AN INTONING OF GRACE, BALANCE, and EMPOWERMENT. THERE IS NO RIGHT OR WRONG WAY. SIMPLY RELAX INTO YOUR OWN TONE. OPEN TO THE NUANCES OF THIS SACRED SOUND AS IT MOVES THRU YOU.

OUR OPENING RITUAL WILL CONCLUDE WITH ALL OF US SOUNDING THE OM SEVERAL TIMES, EACH ON YOUR OWN NOTE, IN YOUR OWN TIME, IN A CON-TINUING FREE-FORM RHYTHM, CREATING A TAPESTRY OF HEALING SOUND.

WE HONOR ALL RELIGIONS AS EXPRESSIONS OF THE ONE GOD, GREAT SPIRIT, DIVINE ESSENCE. RING BELL.

MAY THE WELLSPRING OF LOVE FIND IN US AN UNIMPEDED CHANNEL. OM

CENTRAL CANDLE IS LIT.

IN THE SACRED TRADITION OF TAOISM. RING BELL. THE TAO.
SPIRIT ARMS US WITH LOVE. OM
CANDLE IS LIT.

IN THE SACRED TRADITION OF HINDUISM. RING BELL.
ISHVARA, SHIVA, VISHNU, BRAHMA.
ONE BEST WORSHIPS THE LORD THRU LOVE. OM
CANDLE IS LIT.

IN THE SACRED TRADITION OF BUDDHISM. RING BELL. LORD
BUDDHA CULTIVATE A HEART OF LOVE. OM
CANDLE IS LIT.

IN THE TRADITION OF THE SACRED FEMININE. RING BELL. THE
GODDESS IN ALL HER FORMS
THE DIVINE MOTHER LOVES, NURTURES, AND SUSTAINS ALL. OM
CANDLE IS LIT.

IN THE SACRED TRADITION OF JUDAISM. RING BELL. ADONAI ELOHIM
YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, &
YOUR NEIGHBOR, AS YOURSELF. OM
CANDLE IS LIT.

IN THE SACRED TRADITION OF CHRISTIANITY. RING BELL.
GOD THE FATHER, THE SON & THE HOLY SPIRIT.
GOD IS LOVE. OM
CANDLE IS LIT.

IN THE SACRED TRADITION OF FIRST NATIONS PEOPLE OF ALL LANDS,
RING BELL.
LOVE IS THE MEDICINE THAT HOLDS ALL LIFE TOGETHER. OM
CANDLE IS LIT

IN THE SACRED TRADITION OF ISLAM. RING BELL. ALLAH.
THIS IS LOVE: TO FLY TOWARD A SECRET SKY, TO CAUSE A HUNDRED
VEILS TO FALL EACH MOMENT. OM
CANDLE IS LIT.

IN THE SACRED TRADITION OF ALL OTHER RELIGIONS. YOU MAY NOW
TOGETHER SAY ANY
ADDITIONAL NAMES OF DIVINITY THAT YOU WOULD LIKE TO INVOKE.
RING BELL.
OM
CANDLE IS LIT:

CONTINUING FREE-FORM OM....

(Opening Meditation Led by the Opening Ritual leader—after last om)

Let us now uncross our legs and close our eyes if they are not closed already. Take a long and deep breath in and out and in and out. As you take another deep breath relax and let go of the day, let go of the people, the challenges and just be.

When you are ready, put your feeling attention into your heart center and relax. Imagine a bright warm sun floating above your head. Its rays are emanating down into the crown of your head.

The sun is releasing a pure white light. This Light is floating down filling your head, your neck. It floats across your shoulders down your arms and out your hands. It fills your torso.

Your organs are enveloped in this pulsating purifying light of the sun. As the sun light continues to float down your body through your legs and out the bottom of your feet, it washes away all impurities all imperfections, all pain & dis-ease deep into the central core of the earth.

Your body is filled with divine energy. Right now you are whole perfect and complete. As the light continues to energize, pulsate and vibrate, allow it to expand out through your auric field.

First it fills the 1st layer about 2 inches around you. Next the second layer about 18 inches around you. Now the 3rd about 4 feet around you.

As you continue to feel the perfection of your light body allow it to expand, and fill this room with Divine Essence.

Continue to expand your awareness and Divine Essence out of the Orion and imagine and intent that you are now permeating all of Los Angeles with the pure Divine Essence. Expand your awareness to all of California, all of the US and allow it to float out across the globe enveloping Mother Earth and all of her beings with the pure Divine Essence. The white light of perfection is now vibrating and pulsating connecting all the beings on the planet who gather with conscious intent to heal, balance, harmonize and unify the Islands of Light.

We have now set the vibrational tone for the Ceremony___**Insert name here**_____. Now, slowly and gently, bring your awareness back to the room and the present time. Take a deep breath and open your eyes.

(allow a couple seconds)

And now, please welcome the President of the Spiritual Unity Movement and author of The Magic of the Soul, Patrick J. Harbula or Vice-President of SUM Reverend Basia Durnas or whoever is doing the Welcoming Words

CLOSING RITUAL

AS WE COME TO THE CLOSE OF OUR FULL MOON CEREMONY THIS EVENING, LET US TAKE JUST A MOMENT TO SAVOR THE CENTERED FOCUS OF HEALING ENERGY WE HAVE GENERATED HERE TOGETHER. REMEMBER, AS YOU LET YOUR OWN LIGHT SHINE, YOU, SIMULTANEOUSLY, GIVE OTHER PEOPLE PERMISSION TO DO THE SAME.

CLEARLY KNOWING YOURSELF AS AN INSTRUMENT OF LIGHT, A BEING OF SPIRIT, YOU ADD ONE MORE GRAIN OF SAND TO THE SCALES THAT HOLD THE BALANCE FOR OUR GLOBAL FUTURE. KNOW THAT AT A CERTAIN POINT, ONE GRAIN OF SAND CAN TIP THE SCALES. YOU, IN THIS VERY MOMENT, MAY BE THAT GRAIN OF SAND.

I WOULD LIKE TO INVITE THE CANDLE LIGHTERS TO COME FORWARD TO FORM A CIRCLE AROUND THE CANDLE TABLE. . . . NOW WOULD YOU ALL PLEASE STAND AND JOIN THE CANDLE BEARERS IN THE CENTER.

LET US EMBODY THE SPIRITUAL POWER THAT HAS BEEN GENERATED AND RECEIVED FROM THE FORCES OF LIGHT THAT GUIDE THIS SERVICE... LET US FOCUS THAT ENERGY INTO THE GROUP CENTER, ALLOWING IT TO RISE UP, AND POUR THIS BLESSING OUT INTO OUR WORLD...EXTENDING ITS POSITIVE, HEALING EFFECT THROUGHOUT THE AWARENESS OF HUMANKIND AND THE CONSCIOUSNESS OF OUR PLANET.

WE WILL SOUND AN EXTENDED, FREE-FORM OM. AS THE SACRED TONE POURS THRU YOU, FEEL YOURSELF PARTICIPATING, DRAWING THIS HEALING LOVE ENERGY DEEPLY INTO YOURSELF, AND SENDING IT OUT, INTO YOUR LIFE, INTO OUR WORLD.

AS WE SOUND THE OM, LET US CONSCIOUSLY EXTEND OUR BLESSING TO OUR PLANETARY LIFE, MOTHER EARTH, INCLUDING THE ANIMALS, THE TREES, THE AIR & THE WATER, AS WELL AS TO ALL THOSE WHO ARE IN NEED OF HEALING.

FOR THOSE WE WOULD LIKE TO INCLUDE IN THIS HEALING CIRCLE, WE SPEAK THEIR NAMES TOGETHER SILENTLY OR AUDIBLY (allow at least 30 seconds)

AND WITH POWER, LOVE & INTELLIGENCE, LET US SEND OUT THIS HEALING LIGHT ENERGY TO TRANSFORM THE CONSCIOUSNESS OF HUMANKIND.

CONTINUING FREE-FORM OM (allow a couple minutes)
BLESSINGS AND GOOD NIGHT.